

# KNOW HUNGER

Our Mission is to Alleviate Hunger in the Inland Empire

Summer 2023 Vol 10 Issue 2



**Hunger  
Action  
Month.**

2023 Special Edition

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## CEO CORNER



Dear Friends and Neighbors,

This year has been nothing short of amazing. Thanks to your unwavering support, we've accomplished so much already. From forming fantastic new partnerships that have strengthened our programs, like the Homebound Emergency Relief Outreach (HERO) initiative, to expanding our CalFresh Outreach team, enabling us to help even more families access vital CalFresh benefits. We've also taken important steps, like establishing an internal Food Sourcing Committee to ensure we understand the nutritional needs of our community and provide culturally relevant foods. The impact we're making is extraordinary, and it's all thanks to you!

As my first year as CEO at FARSB has come to a close, I can't help but feel immense excitement for what lies ahead. I am honored to continue leading FARSB's mission in the Inland Empire. Our goal to expand our reach and forge meaningful partnerships remains steadfast, and your support, especially during tough economic times, has exceeded our wildest dreams.

September is Hunger Action Month. It's a time of unity and change as we join forces to combat hunger in our community. In this edition of "Know Hunger," we'll share the various ways you can contribute and support our work throughout this special month. Remember, every dollar donated helps provide up to 5 meals!

Thank you from the bottom of my heart for your incredible dedication and generosity.

With heartfelt gratitude,

*Carolyn Solar*

Carolyn Solar, MBA  
Chief Executive Officer

## GSF FOUNDATION DONATES \$10,000



The GSF Foundation at QCD Fontana has generously donated \$10,000 to FARSB in a show of extraordinary kindness. This significant contribution translates to 50,000 meals for those in need, making a profound impact on their lives.

Our heartfelt gratitude goes out to the team for their support in building a stronger, more compassionate community. As the philanthropic wing of QCD, the employees' contributions create a brighter future for those facing adversity, one meal at a time. Together, we can make a difference!

## FIGHTING HUNGER FOR 23 YEARS



For 23 memorable years, Sam has been the backbone of our food bank. As our Inventory Control Coordinator, he works tirelessly behind the scenes, ensuring that every donation finds its way to those who need it the most.

"It's wonderful. We are doing many different things, building up, and changing so much. It's incredible." Sam's motivation to work at the food bank was deeply inspired when a recipient thanked him for his contributions at FARSB. The person shared how the food they received made a significant impact in helping them through tough times. This heartfelt expression fueled Sam's commitment to fight against hunger. Thank you, Sam, for all you've done over the years!

**Nourish the Future and Get Involved.**

# Hunger Action Month®



Everyone needs nutritious food to thrive — because we know when people are fed, futures are nourished. Yet, over 400,000 people in the Inland Empire face hunger, with stark disparities persisting along racial and ethnic lines. Join us for Hunger Action Month to alleviate hunger and ensure everyone, no matter their race, background, or age, has access to the food and resources needed to thrive.

Throughout September, hunger-relief organizations, including FARSB, come together to call upon their community to join our efforts during Hunger Action Month (HAM). Learn how to get involved at [FeedingIE.org/HungerAction](https://FeedingIE.org/HungerAction).

## GROUP ACTIONS

Assemble your team to contribute through a company fundraising campaign or product donation. Participate in group volunteer events or support us by providing space in your media channels for FARSB ads. Visit [FeedingIE.org/GetInvolved](https://FeedingIE.org/GetInvolved) for more information.

## INDIVIDUAL ACTIONS

Start a conversation and share on social media why you are part of the fight to end hunger. To find suggested copy and downloadable content visit, [FeedingIE.org/HungerAction](https://FeedingIE.org/HungerAction).

## ADVOCATE

At the heart of economic health and stability lies food, and ensuring access to sufficient and nutritious supplies is a right for all. FARSB places a high emphasis on advocacy, focusing on policies that intersect hunger, health, poverty, equity, and food systems. Make your voice heard and discover ways to get involved at [FeedingIE.org/Advocate](https://FeedingIE.org/Advocate). Together, we can make a difference in the Inland Empire!

## KEEP FIGHTING YEAR-ROUND!



# MEALS FOR MANY



Join the Meals for Many (M4M) membership program and make a lasting, sustainable impact in the fight against hunger. Your automated gift will ensure uninterrupted hunger-relief programs, providing nourishment to people year-round. Regardless of size, your donation will bring hope to those in need! Learn more at [www.FeedingIE.org/Meals-For-Many](https://www.FeedingIE.org/Meals-For-Many).

Visit [FeedingIE.org/HungerAction](https://FeedingIE.org/HungerAction)

## CAN TREE WONDERLAND IS BACK!

Join FARSB's 3rd annual Can Tree Wonderland and make a difference this holiday season! Local businesses and community teams gather in our warehouse to build festive canned trees, fighting hunger while creating can-structed masterpieces.

Showcase your holiday spirit and team-building skills while receiving exposure to our community. Enjoy complimentary hot cocoa, a visit from Santa, and the chance for guests to vote on their favorite tree. All cans from your tree support families in need throughout the holidays. **The deadline to sponsor or adopt a tree is November 3rd!** Please contact our Development Director, Angela, at [ajugon@feedingamericaie.org](mailto:ajugon@feedingamericaie.org) for more information.



## ROOTING FOR OUR REMARKABLE MONTHLY DONORS!

Countless families and children depend on school meals, making summer break a challenging time for many households. Thanks to the unwavering support of our monthly donors, we've been able to combat summer hunger and spread hope throughout this season, ensuring that kids get to experience **summer as it should be**. Our hunger-fighting mission relies on the vital contributions of donors like those listed below. Thank you for being a beacon of support!

When you join the M4M membership club, you become a monthly donor and get a shout-out in our next newsletter. Become a M4M member at [FeedingIE.org/Meals-For-Many](https://FeedingIE.org/Meals-For-Many) or scan the QR code below.

Araceli Crosman  
Arash Khangholi  
Belenie Amoranto  
Chin Chein Yung  
Cynthia Antillon  
James Tucker  
Jennifer Olson

Joseline Duran-Gurrola  
Michael Churchill  
Minnie Andrews  
Nayeli Jimenez Acosta  
Robin Moore  
Wendy Camacho  
William Morales

