



KNOW HUNGER

Our Mission is to Alleviate Hunger in the Inland Empire

Summer 2019 Vol 7 Issue 1



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CEO Corner



Dear Friends,

Our community is no stranger to devastation. Just last year, our region suffered the damaging effects caused by the Cranston and Holy Fires, and earlier this year, many of our own were living in uncertainty as we faced the longest government shut-down in history.

Recently, our local neighbors in the Trona and Ridgecrest communities have been devastated by 2 earthquakes and over 3,000 aftershocks that have caused severe damage. As a result, many families have been forced to live in temporary shelters and/or tents.

Our food bank takes a proactive approach in providing aide and feeding those in need. In addition to our emergency food and water distributions, we use our network of community partners to provide assistance beyond what our emergency relief provides. From providing food, to meal cards and gas cards, Feeding America Riverside|San Bernardino (FARSB) has become so much more than a food bank. We provide hope in times of despair, comfort in times of uncertainty, and a voice for those who might be forgotten.

Please know that by supporting FARSB, you are supplying so much more than food to those who need it most. Thank you for your kindness, generosity, and continued support.

In Gratitude,

Stephanie Otero

Stephanie Otero
CEO & Hunger Advocate

Hunger Stories: Meet Iliana

Iliana Medrano is seven years old and dreams of becoming a doctor.

“I want to be a doctor when I grow up because they help people just like summer meals are helping us,” she said.

During the summer, Iliana and her 6-year-old brother, Armanie, visit a summer meals program organized by a partner of the Feeding America network.

“The meals lift a burden for me,” said their mother, Jessica. “They keep the kids fed during the summer.”

During the school year, Jessica works for a temp agency, getting consistent work in warehouses around her home. When Iliana and Armanie are out of school during the summer, Jessica can’t afford daycare, so she stays home, resulting in a tight budget and an often empty pantry.

“It’s so hard when I don’t have an income during the summer, but I don’t have a choice,” she said. “Sending both kids to daycare five days a week would be too expensive.” That’s why the summer meals program is so important to her family.

You can help families like Iliana’s today. Consider a gift to FARSB, where every dollar donated has the ability to provide up to 9 meals to families in need this summer. www.FeedingIE.org/donate



Fighting Hunger in the Summer



Summer—the sun, the sand, and best of all, the summer vacation! While many have the luxury of truly enjoying their summer vacation, for many Inland Empire children, summer is, in fact, the hungriest time of the year. No school often means no access to free and reduced lunch programs. It also means increased water and electric bills caused by higher temperatures and increased time at home.

To combat these challenges, FARSB is distributing fresh and healthy produce at newly established summer feeding sites taking place at SAC Health Systems and Soboba Indian Health Clinic. We have served over 800 households through this program and expect to feed over 900 more before the end of the summer!

There are many ways to give back to your community. Here are just a few!

Plan for Hunger Action Month



Hunger Action Month is inching closer, and we can't wait to have your help in raising awareness for our cause and our community! September is known as Hunger Action Month (HAM), and this year, we challenge you to make an impactful difference, whether that means signing up to volunteer, following and sharing our posts on social media, hosting a food drive, or making an effort to support a service project on September 12, 2019, which is Hunger Action Day. Stay tuned and check our website for upcoming plans in your community.

Share Our Resources



Are you in need of food assistance or do you know someone who might be? Our website, www.FeedingIE.org, is equipped to help deliver information on free food resources, including directions to the nearest free resource centers and access to CalFresh Assistance (the California food stamp program). Just visit our Get Help page to find a food resource center near you, or fill out our Contact Us form. Visit www.FeedingIE.org/get-help.

Link us to Your Amazon Smile



Next time you go to order your items from Amazon, consider ordering through AmazonSmile (smile.amazon.com) and link with "Feeding America Riverside|San Bernardino" before checkout. This will ensure that FARSB receives 0.5% of each order you place. Get a little, and GIVE a little! Now you can shop and feel good knowing that you are helping to feed someone in need.

Double or Triple Your Impact

3X

Did you know that many companies and corporations across the nation will match the donations that you make to your local food bank? If you are unsure if your company matches donations, reach out to your supervisor, human resources department, or finance department! Every dollar you donate helps to create nine meals, so imagine the impact you could make with a matching gift. Please consider this the next time you want to generously give back to help those in your community.

SUCCEED & FEED

CORPORATE TEAM BUILDING PROGRAM

Is your group looking to get active in the community while improving team communication and unity? Look no further! Introducing the NEW Succeed & Feed Corporate Team Building Program—a FARSB initiative geared towards groups looking to address their social responsibility while improving internal team functions. For a small donation, your team of up to 40 participants can experience an exclusive day of service designed to meet your team-building goals, including team spirit, leadership, and problem solving. Activities may include food distributions, building sculptures out of cans (*canstructions*), and other hunger-themed team challenges. Learn more at www.feedingIE.org/succeed-feed-sign-up.

Thank You to Our Meals for Many Club's Newest Members

Alyssa Crom
Anne Westmoreland
Caleb Ayin
Cody Palmer
Hilla Green
Lynne Asher-Kiter
Nathan Westwick
Scott Hacker
Shalita Tillman

Join the Meals for Many Monthly Giving Club and get a shout out in our next newsletter!



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GET SOCIAL

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MARK YOUR CALENDAR

Ongoing

Feed It Up – From now through Dec. 31, 2019, stop at any Inland Empire Juice It Up! location to make a canned food donation or a cash donation at the register

August

13- Food Bank 101 Public Tour - free and open to the public

September (Hunger Action Month)

- 10 - Food Bank 101 Public Tour - free and open to the public
- 12 - FARSB at the LA County Fair – check out our booth!
- 12 - Hunger Action Day – area wide day of service (sign up to volunteer locally!)
- 14 - Volunteer Saturday - register online at www.FeedingIE.org (no walk-ins will be accepted)

During the month of September

- Feed Your Radio/Feed A Family Campaign – Tune in to KVCR Radio for more info
- Make Caring The Norm – Donations accepted at the Riverside Norm's location
- Cash For Cans - Donations accepted at local Alaska USA Credit Union locations
- Coco's/Carrows Gives– Donations accepted at local Coco's or Carrow's locations

Save the Date

It's time once again this year for our Million Meals Gala, with a one-of-a-kind theme, "Rising Above Hunger."

THE MILLION MEALS



As FARSB approaches our 40th Anniversary, we will host this year's Million Meal's Gala where it all started– here in Riverside.

Plan to join us on the evening of Saturday, November 2, 2019, on top of Riverside's City Hall in The Grier Pavilion for an impactful and entertaining event to help raise funds to provide an additional million meals to Inland Empire communities in need.

The evening will feature a gourmet dinner, live and silent auctions, an exclusive panoramic view of Downtown Riverside, and so much more.

Sponsorships and donations are being accepted now. Contact Lori Butler at lbutler@feedingamericaie.org or call (951) 359-4757 ext.109.

Thank You to the Following Summer Donors



Bank of America



Allstate
You're in good hands.

WELLS FARGO

